

## Personal Prayer Ideas

"Pray without ceasing," 1 Thessalonians 5:17

"If my people who are called by my name humble themselves, and pray and seek my face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land." |

2 Chronicles 7:14

It is important that we pray. Use the ideas below in your personal prayer time throughout the week.

## 5 Things in 15 Minutes

On your set aside prayer time, read the scripture associated with each topic and pray through this list of prayer concerns.

Family // Pray that God would reign over your family. Pray for the salvation of family members who don't know Christ. Pray that the spirit of God would be evident in your home. Pray that your family would be an influence for Christ.

National Leaders// Pray for the salvation and godly leadership among leaders in our state and nation.

Nation // Pray that we would see a fresh move of God in our nation as people come back to the Lord.

Friends & Campus // Pray for an opportunity to influence others with the Gospel. Pray for God to change hearts of friend, teachers, coaches, and administrators in your school.

Nations // Pray that God would sweep though the nations around the world, that He would draw men to himself, that men and women would seek salvation in Jesus.

## 7 Groups for 7 Days

Pray for the following items each day for the 7 Days or pick one each day to pray for.

1. Family // Pray that God would reign over your family. Pray for the salvation of family members who don't know Christ. Pray that the spirit of God would be evident in your home. Pray that your family would be an influence for Christ.
2. Friends & Campus // Pray for the spirit of God to move across your campus, in the lives of your friends, and in the lives of teachers and administration if your school.
3. Church // Pray that your church would be active in taking the Gospel into the community and representing Christ in your town or city. Pray that people would be saved and grow as a result of the ministry of your Church and that people would fulfill their responsibility in service.
4. Church Leaders// Pray that the leaders in your church would remain faithful to the cause of Christ in their lives, families, and in their leadership of the church.
5. Your Community // Pray that believers would be united in love, centered on the Gospel, and serving in the community to bring true life change as a result of the Gospel of Christ.
6. State & National Leaders // Pray that leaders would be drawn to Christ and that godly character and influence would bring about godly change in our state and country.
7. Unreached People Groups // Pray for the unreached people groups around the world,.

You can visit <http://ioshuaproject.net> for a list of and information on people groups throughout the world that need to be reached with the Gospel. Also, visit <http://www.bobmayfield.com/6426project> to register to adopt a people group you can pray for throughout the year with your small group, youth group, or Sunday school class.

Think about including a group of friends (7 maybe?) in your prayer time.

## **FITR**

### Forgiveness

“If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.” 1 John 1:9

Confess. Spend time letting God work on your heart and being right before the Lord. Daily confession is vital to our spiritual health and growth.

### Intercession

“Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.” Philippians 4:6

Pray for the needs of others (health, financial, material, emotional, mental, social, and spiritual). Pray that God would show you how to help meet those needs and give you an opportunity to get involved.

### Thanksgiving

“Praise the LORD. Give thanks to the LORD, for he is good; his love endures forever.”  
Psalm 106:1

Thank God for who He is and what He has done. Thank him for the things he has provided you. Thank Him for Jesus and the life you have in Him. Develop an ongoing list of praise and thanksgiving.

### Requests

“Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, casting all your anxieties on him, because he cares for you.” 1 Peter 5:6-7

“...for your Father knows what you need before you ask him.” Matthew 6:8

Be honest with God. Ask him to meet your needs. Place your trust on Him. Trust him to be who He says He is and do what He has promised to do in your life.

## Daily Top 5

Here are 5 things you can pray for each day of the week. Pray through your list as you get ready for the day, brush your teeth, make your bed, drive to school, etc... Work prayer into your day.

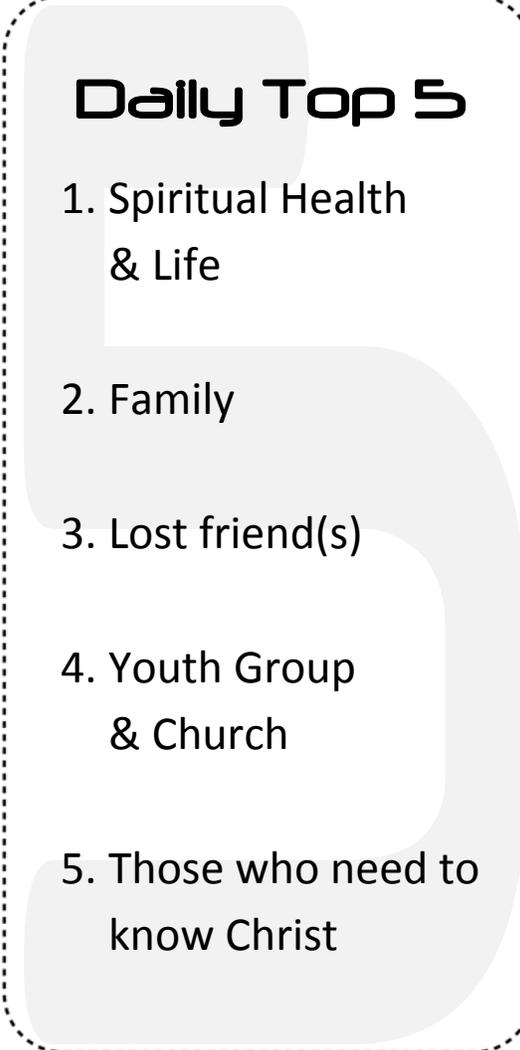
1. Pray for your own spiritual health and life. Confess sins, ask for forgiveness, and pray that God would speak to you and use you today.
2. Pray for your family. Pray that you would be the best influence for Christ on them. Pray that God would save them (if they are not Christ followers), grow them, and use them. Pray that your family would be known for Christ.
3. Pray for a lost friend. Pray that they would come to know Christ. Pray that you, or someone else, would be able to tell them about Jesus. Pray for the Opportunity to influence someone with the Gospel today.
4. Pray for your youth group and church. Pray that God would unite you and use you in the world to model and spread the Gospel.
5. Pray for those around the world who need to know Christ. Pray that they would hear. Pray that they would respond. Pray and ask God how you can be involved with reaching them.

You can print the simple door hanger version below and hang it in your car, on your bedroom door, in your bathroom (laminates it and hang it in your tub or shower) so you can be reminded throughout the day to continue to pray.



## Daily Top 5

1. Spiritual Health & Life
2. Family
3. Lost friend(s)
4. Youth Group & Church
5. Those who need to know Christ



## Daily Top 5

1. Spiritual Health & Life
2. Family
3. Lost friend(s)
4. Youth Group & Church
5. Those who need to know Christ